

AKHBAR : BERITA HARIAN  
MUKA SURAT : 2  
RUANGAN : NASIONAL

## Swasta, doktor kontrak digalak bantu petugas 52 klinik kesihatan

**Putrajaya:** Pengamal perubatan am swasta (GP) dan doktor kontrak digalak bekerjasama dengan Kementerian Kesihatan (KKM) untuk menjayakan program lanjutan operasi di 52 klinik kesihatan terpilih.

Menteri Kesihatan, Dr Zaliha Mustafa, berkata jalinan kerja sama itu secara tidak langsung membantu kementerian mengurangkan beban tugas petugas kesihatan.

"Seperti yang sudah dinyatakan sebelum ini, lanjutan operasi klinik kesihatan ini masih pada peringkat audit dan ia sudah hampir selesai. Lanjutan operasi bukan di semua klinik, hanya klinik yang menyediakan perkhidmatan kepada hospital dan

tindakan itu dapat mengurangkan kesesakan di hospital.

"Setakat ini kita kenal pasti 52 klinik kesihatan yang memerlukan lanjutan operasi. Malah, KKM juga akan mengambil inisiatif bagi mengenal pasti sumber manusia bagaimana boleh membantu lanjutan program ini.

"Ia sama ada akan ada pertambahan petugas, galakkan doktor kontrak untuk bersama atau bekerjasama dengan GP untuk mengambil bahagian dalam program ini," katanya selepas menyempurnakan sambutan Hari Buah Pinggang Sedunia Peringkat Selangor semalam.

Januarilalu, Dr Zaliha memaklumkan operasi klinik kesihatan akan dilanjutkan bagi menanga-

ni masalah kesesakan di jabatan kecemasan hospital dengan Pengarah Kesihatan Negeri sudah diarahkan meneliti semula keperluan klinik kesihatan di bawah seliaan masing-masing untuk beroperasi lebih masa.

Katanya, isu kesesakan berlaku di bandar berikutan jumlah populasi yang semakin meningkat serta kecenderungan pelanggan mendapatkan perkhidmatan di hospital dan klinik KKM.

Namun, Jurucakap Gerakan Hartal Doktor, Dr Muhammad Yassin dilaporkan berkata, KKM sepatutnya menambah kakitangan di semua klinik yang diarah beroperasi lebih masa bagi mengurangkan beban petugas sedia ada.

**AKHBAR : HARIAN METRO****MUKA SURAT : 6****RUANGAN : LOKAL**

## *Malaysia kekurangan penderma ginjal*

**Putrajaya:** Kementerian Kesihatan Malaysia (KKM) akan meningkatkan bilangan pemindahan ginjal atau buah pinggang di negara ini kerana kadaranya masih rendah berbanding negara lain.

Menterinya Dr Zaliha Mustafa berkata, kadar pemindahan ginjal di Malaysia hanya lima orang setiap sejuta penduduk berbanding 50 individu bagi setiap sejuta penduduk mampu di-

capai di luar negara.

"Kita melihat bahawa melakukan pemindahan ginjal adalah satu perkara yang dapat memberikan kesembuhan kepada pesakit buah pinggang kronik. Oleh sebab itu, kita galakkan lebih ramai penderma sama ada dalam kalangan mereka yang masih hidup mahupun sudah meninggal dunia," katanya dalam sidang media selepas menyempurnakan Sambutan Hari Buah Ping-

gang Sedunia Peringkat Selangor di sini, semalam.

Sementara itu, Ketua Unit Transplantasi, Jabatan Nefrologi, Hospital Kuala Lumpur Dr Rosnawati Yahya berkata, pihaknya sedang giat untuk melaksanakan program pertukaran buah pinggang dan dapat membantu lebih satu per tiga daripada pesakit berkenaan di negara ini.

"Menurut data, satu per

nyai penderma tidak boleh melakukan pemindahan ginjal kerana tidak mempunyai antibodi yang sesuai," katanya.

Beliau berkata, secara prinsipnya program itu sudah mendapat kelulusan Ketua Pengarah Kesihatan Tan Sri Dr Noor Hisham Abdullah pada tahun lalu namun terdapat beberapa kekangan lain yang menyebabkan ia sehingga kini tidak dapat dilaksanakan.

AKHBAR : HARIAN METRO

MUKA SURAT : 21

RUANGAN : LOKAL

## ***KKM galak GP bekerjasama lanjut waktu operasi***

**Putrajaya:** Kementerian Kesihatan (KKM) menggalakkan klinik perubatan am swasta (GP) serta doktor kontrak bekerjasama dengan pihaknya bagi program lanjutan waktu operasi di 52 klinik kesihatan terpilih.

Menterinya, Dr Zaliha Mustafa berkata, jalinan kerjasama itu secara tidak langsung mampu membantu pihaknya mengurangkan beban tugas dihadapi petugas kesihatan, sekali gus memberikan perkhidmatan terbaik.

"Seperti sudah dinyatakan sebelum ini, lanjutan operasi klinik kesihatan ini masih di peringkat audit dan ia sudah hampir selesai.

"Lanjutan operasi ini bukan diadakan di semua klinik, ia hanya kepada klinik menyediakan perkhidmatan kepada hospital dan tindakan itu dapat mengurangkan kesesakan di hospital.

"Setakat ini kita sudah kenal pasti 52 klinik kesihatan

yang memerlukan lanjutan operasi. Malah KKM juga mengambil inisiatif mengetahui pasti sumber manusia bagaimana ia boleh membantu lanjutan program ini. "Sama ada akan ada pertambahan petugas, galakkan doktor kontrak bersama atau bekerjasama dengan GP ini untuk mengambil bahagian dalam program," katanya selepas menyempurnakan Sambutan Hari Buah Pinggang Sedunia Peringkat Selangor di sini, semalam.

January lalu ketika berucap pada Majlis Amanat Tahun Baharu 2023 KKM, Dr Zaliha memaklumkan operasi klinik kesihatan akan dilanjutkan bagi menangani masalah kesesakan di jabatan kecemasan hospital.

Beliau memaklumkan Pengarah Kesihatan Negeri sudah diarahkan meneliti semula keperluan klinik kesihatan di bawah seliaan masing-masing.

AKHBAR : KOSMO  
MUKA SURAT : 4  
RUANGAN : NEGARA

4

Negara!

Kosmo! ISNIN 13 MAC 2023

## Doktor kontrak digalak sertai program lanjutan operasi klinik

**PUTRAJAYA** — Klinik perubatan am swasta (GP) dan doktor kontrak digalakkan bekerjasama dengan Kementerian Kesihatan (KKM) bagi program lanjutan waktu operasi di 52 klinik kesihatan terpilih di seluruh negara.

Menteri Kesihatan, Dr. Zaliha Mustafa berkata, ia penting bagi meringankan beban petugas kesihatan sekaligus menawarkan perkhidmatan terbaik kepada pesakit.

"Beliau berkata, lanjutan operasi itu tidak membabitkan semua klinik kesihatan, namun ia sedikit sebanyak mengurangkan kesesakan di hospital ketika ini.

"Seperti yang saya nyatakan

sebelum ini, lanjutan operasi klinik kesihatan ini masih di peringkat audit dan ia sudah hamir selesai.

"Kita sudah mengenal pasti 52 klinik kesihatan yang memerlukan lanjutan operasi dan ketika ini, kita sedang mengenal pasti sumber manusia bagi menampung keperluan itu.

"Program itu akan membabitkan pertambahan petugas kesihatan, malah pada masa sama kami mengalakkkan penyertaan doktor kontrak dan GP untuk turut mengambil bahagian," katanya.

Beliau berkata demikian pada sidang akhbar selepas menyem-

purnakan Sambutan Hari Buah Pinggang Sedunia Peringkat Selangor, di sini semalam.

Sebelum ini, Dr. Zaliha pernah memaklumkan operasi di beberapa klinik kesihatan akan dilanjutkan bagi menangani masalah kesesakan di jabatan kecemasan hospital.

Beliau dilaporkan berkata, Pengarah Kesihatan Negeri sudah diarahkan meneliti semula keperluan klinik kesihatan di bawah seliaan masing-masing, untuk beroperasi lebih masa.

Katanya, isu kesesakan dikesan berlaku di kawasan bandar, berikutan jumlah populasi yang semakin meningkat.



DR. ZALIHA memeriksakan tekanan darah menerusi perkhidmatan sarungan kesihatan bergerak pada Sambutan Hari Buah Pinggang Sedunia Peringkat Selangor di Putrajaya semalam.

AKHBAR : SINAR HARIAN  
MUKA SURAT : 10  
RUANGAN : NASIONAL

# Galak penyertaan doktor swasta, kontrak

Bantu jayakan inisiatif lanjutkan waktu operasi di 52 klinik kesihatan

PUTRAJAYA

Kementerian Kesihatan Malaysia (KKM) menggalakkan penyertaan klinik perubatan am swasta (GP) dan doktor kontrak untuk bekerjasama menjayakan inisiatif melanjutkan waktu operasi selepas waktu pejabat.

Menterinya, Dr Zaliha Mustafa berkata, sokongan dan kerjasama itu dapat membantu KKM mengurangkan beban tugas dalam kalangan pegawai kesihatan serta memberikan perkhidmatan terbaik kepada pesakit. "Kita (KKM) sudah kenal pasti 52 klinik kesihatan (di seluruh negara) yang memerlukan pemanjangan waktu operasi selepas waktu pejabat."

"Kaedah ini dapat bantu kurang-



Dr Zaliha (tiga dari kanan) menurunkan tandatangannya sebagai tanda sokongan sempena sambutan Hari Buah Pinggang Sedunia 2023 pada Ahad.

kan kesesakan di Jabatan Kecemasan hospital," katanya selepas merasmikan Sambutan Hari Buah Pinggang Sedunia Peringkat Negeri Selangor 2023 di sini pada Ahad.

Pada Sabtu, KKM dilaporkan mengumumkan pemanjangan waktu operasi selepas waktu waktu pejabat di 52 klinik kesihatan di seluruh negara.

Waktu operasi klinik di Lembah

Klang dipanjangkan dari jam 5 petang hingga 9.30 malam pada hari Isnin hingga Jumaat dan jam 8 pagi hingga 12 tengah hari pada hari Sabtu, manakala di Kedah, Kelantan dan Johor, waktu operasi pada hari Ahad hingga Khamis ialah pada jam 5 petang hingga 9.30 malam dan 8 pagi hingga 12 tengah hari pada hari Sabtu.

- Bernama

## SENARAI KLINIK KESIHATAN BEROPERASI SELEPAS WAKTU PEJABAT

### PERLIS

- Klinik Kesihatan Kuala Perlis
- Klinik Kesihatan Kangar

### JOHOR

- Klinik Kesihatan Mahmoodiah
- Klinik Kesihatan Sultan Ismail
- Klinik Kesihatan Bandar Maharani
- Klinik Kesihatan Mengkibol
- Klinik Kesihatan Batu Pahat
- Klinik Kesihatan Kulai Besar

### SELANGOR

- Klinik Kesihatan Ampang
- Klinik Kesihatan Kajang
- Klinik Kesihatan Taman Medan
- Klinik Kesihatan Seksyen 19, Shah Alam
- Klinik Kesihatan Bandar Botanic
- Klinik Kesihatan Taman Ehsan

### PAHANG

- Klinik Kesihatan Bandar Kuantan

### KELANTAN

- Klinik Kesihatan Bandar Kota Bharu

### SABAH

- Klinik Kesihatan Inanam
- Klinik Kesihatan Luyang
- Klinik Kesihatan Menggatal
- Klinik Kesihatan Lahad Datu
- Klinik Kesihatan Penampang
- Klinik Kesihatan Putatan
- Klinik Kesihatan Sandakan
- Klinik Kesihatan Tawau

### SARAWAK (Seluruhnya)

- Klinik Kesihatan Jalan Masjid [Tarikh operasi akan dimaklumkan]
- Klinik Kesihatan Bintulu
- Klinik Kesihatan Ayer Keroh

### WILAYAH PERSEKUTUAN & PUTRAJAYA

- Klinik Kesihatan Kuala Lumpur
- Klinik Kesihatan Presint 9

### NEGERI SEMBILAN

- Klinik Kesihatan Port Dickson
- Klinik Kesihatan Bahau
- Klinik Kesihatan Seremban
- Klinik Kesihatan Masjid Tanah
- Klinik Kesihatan Alor Gajah
- Klinik Kesihatan Jasin
- Klinik Kesihatan Merlimau
- Klinik Kesihatan Ayer Keroh

### MELAKA

**AKHBAR : SINAR HARIAN****MUKA SURAT : 16****RUANGAN : SUARA**

## Klinik kesihatan malam jangan bebankan petugas

**KEMENTERIAN** Kesihatan (KKM) akhirnya membuat keputusan untuk melanjutkan waktu operasi 52 klinik kesihatan di seluruh negara bertujuan mengurangkan kesesakan khususnya di Jabatan Kecemasan hospital.

Waktu operasi klinik itu akan dipanjangkan dari jam 5 petang hingga 9.30 malam pada hari Isnin hingga Jumaat dan dari 8 pagi hingga 12 tengah hari pada hari Sabtu. Waktu operasi dan hari bekerja juga bakal disesuaikan mengikut keperluan setempat.

Klinik yang terabit dalam tindakan itu adalah Iapan buah di Sabah, Perak (7), Selangor (6), Melaka (6), Kedah (5), Johor (5), Negeri Sembilan (3), Sarawak (3), Perlis (2), Pulau Pinang (2), serta masing-masing satu di Pahang, Kelantan, Kuala Lumpur dan Putrajaya.

Lanjutan waktu operasi itu adalah tepat pada masanya memandangkan kebanyakan klinik kesihatan di kawasan bandar utama berdepan masalah kesesakan yang kritisik disebabkan jumlah penduduk yang semakin berlambah.

Malah, terdapat klinik kesihatan yang dilaporkan menerima sehingga 1,000 pesakit sehari. Banyak juga kes pesakit yang sanggup datang seawal jam 6.30 pagi semata-mata untuk mengambil nombor giliran dan menunggu bagi mendapatkan rawatan.

Buat masa ini, terdapat lebih 920 klinik kesihatan di seluruh negara dengan 50 peratus daripadanya terletak di bandar dan 2,000 klinik desa.

Klinik kesihatan menjadi pilihan disebabkan kos rawatan sama ada percuma atau jauh lebih rendah berbanding klinik swasta.

Sungguhpun begitu, KKM juga tidak boleh ambil mudah pandangan pelbagai pihak yang bimbang lanjutan waktu operasi itu akan menambah beban yang perlu dipikul oleh petugas kesihatan yang sudah sedia terbeban.

KKM sepatutnya menambah kakitangan di semua klinik yang diarah beroperasi lebih masa bagi mengurangkan beban petugas sedia ada.

Isu kekurangan kakitangan dalam sektor kesihatan bukanlah perkara baru dan ia mesti ditangani seiring pelanjutan masa operasi klinik kesihatan.

Kekurangan kakitangan itu susulan ramai doktor dan jururawat di negara ini berhijrah ke sektor swasta atau memilih untuk berkhidmat di luar negara kerana insentif kewangan yang lebih baik.

Sementara kita menyambut baik klinik kesihatan dibuka sampai malam, kita juga tidak mahu petugas kesihatan terbeban sehingga menjelaskan kehidupan dan kesihatan mereka.

AKHBAR : NEW STRAITS TIMES  
MUKA SURAT : 5  
RUANGAN : NATION / NEWS



Health Minister Dr Zaliha Mustafa inspecting a replica of a pair of kidneys during the World Kidney Day celebration at IOI City Mall in Putrajaya, yesterday. With her is Serdang Hospital director Dr Amit Sah Ahmad. PIC BY SAIFULLIZAN TAMADI

#### EXTENDING OPERATING HOURS

## Contract doctors and GPs urged to work with ministry

**PUTRAJAYA:** The Health Ministry is encouraging private general practitioners (GPs) and contract doctors to join its initiative to extend operating hours at 52 health clinics nationwide.

Health Minister Dr Zaliha Mustafa said the collaboration would help reduce the workload of health workers and ensure the best service for the people.

"The initiative is still at the audit stage and is almost finished. It only involved clinics providing services to hospitals to help reduce the current congestion faced by hospitals."

"We identified 52 health clinics that need an extension in operating hours. We will also identify the human resources required for implementation of this programme. We encourage contract doctors to join or work with GPs in this programme," she said after concluding the Selangor state level World Kidney Day celebrations, yesterday.

In January, Dr Zaliha said health clinic operations would be extended to address overcrowding in hospital emergency departments.

She said the issue was more pronounced in urban areas, due to increasing population and the tendency of patients to seek services at government facilities.

However, the announcement received mixed reactions from the public and doctors who feared it would add to the burden already shouldered by health workers.

Gerakan Hartal Doktor Kontrak spokesman Dr Muhammad Yassin said the ministry should increase the number of staff at all clinics ordered to operate overtime to reduce the burden on existing staff.

He said the issue that needed to be emphasised was the lack of staff in the health sector.

"Many doctors quit, nurses have taken up work in Saudi Arabia, and medical officers choose to serve in private medicine, so this (shortage) only adds to the burden on existing staff. If the ministry wants to continue this (increasing operating hours), the number of health clinic staff needs to be increased, in addition to maintaining the existing staff."

AKHBAR : THE STAR  
MUKA SURAT : 6  
RUANGAN : NATION

## No meds shortage at public health clinics, says DG

By RAGANANTHINI VETHASALAM  
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**PETALING JAYA:** Patients at some public health clinics have apparently been asked to purchase their own medicines at private pharmacies due to the shortage of medicines.

One patient who went to a health clinic in Penang was informed that she had to buy oral rehydration salts from a private pharmacy.

"They had a shortage so we were told to buy oral rehydration salts for diarrhoea and vomiting from a

pharmacy. It is not really a problem since it is a medicine that is easily available," claimed the patient's daughter who only wanted to be known as Devi.

Meanwhile, a doctor from another health clinic in Perlis also said that his clinic was also facing a shortage of various medicines.

"Yes, we have a shortage. Apparently, it is due to the shortage of raw materials," he said.

The doctor added that prescriptions would be given to patients so they could purchase unavailable medicines from private pharmacies.

Meanwhile, Health director-general Tan Sri Dr Noor Hisham Abdullah told *The Star* that all facilities under the ministry currently had sufficient supply of oral rehydration salts.

"There was a disruption in supply of oral rehydration salts at the supplier's end between August and October 2022. Nevertheless, facilities are still dispensing oral rehydration salts which is partially sourced from the supplier and also through mobilisation of stocks from other facilities," he said.

"As for other medicines, there are

no serious disruptions in medicines supplies to an extent that patients access to medicines is halted."

Dr Noor Hisham said continuous surveillance were being conducted to ensure that in the event there was a disruption in supplies, alternative medicines with the same functions could be dispensed and stocks mobilised to ensure continuity in treatment for patients.

Meanwhile, a source also claimed that there was a shortage in methylphenidate in the market, a drug used to treat attention deficit hyperactivity disorder (ADHD).

"There's a global shortage of methylphenidate," said the source.

News reports from the United States also suggested that there was a shortage of ADHD drugs such as the methylphenidate-based stimulants sold under brands such as Concerta, Ritalin and Adderall.

There were several reports last year highlighting the shortage of medicines in pharmacies and private facilities in Malaysia. This included the shortage of common medicines for flu and cough, following an increased demand for the drugs.

**AKHBAR : THE STAR**  
**MUKA SURAT : 8**  
**RUANGAN : NATION**

## Private GPs and contract doctors urged to help out

**PUTRAJAYA:** The Health Ministry has urged private general practitioners (GPs) and contract doctors to participate in the initiative to extend operating hours at public health clinics.

Health Minister Dr Zaliha Mustafa said that their support and cooperation would enable the ministry to reduce the workload among health workers and provide the best service to patients.

"We have identified 52 health clinics (nationwide) that require extended hours.

"This (move) can help reduce congestion in hospitals' emergency departments," she told Bernama after officiating the state-level World Kidney Day 2023 here yesterday.

When asked about the possibili-

ty of adding health workers to make the initiative a success, Dr Zaliha acknowledged the point, but said that for now, the ministry encouraged the participation of GPs and contract doctors.

Last Saturday, the ministry was reported to have announced the extended hours at 52 health clinics nationwide.

The move was to reduce overcrowding in hospitals' emergency departments.

Operating hours in the Klang Valley have been extended from 5pm to 9.30pm from Mondays to Fridays, and 8am to noon on Saturdays.

In Kedah, Kelantan and Johor, the hours from Sundays to Thursdays have been extended from 8pm to 9.30pm, and 8am to noon on Saturdays.



**Shaping up:** Fun Run participants checking out a photo taken at a cross-section replica of a kidney on Selangor World Kidney Day 2023. — Bernama

# Physical therapists want to be heard too

**Group concerned about career prospects**

By RAGANANTHINI VETHASALAM  
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**PETALING JAYA:** After the Hartal Doktor Kontrak and Hartal Farmasi Kontrak movements representing contract doctors and pharmacists respectively, a new one has emerged – Hartal Ahli Fisioterapi (physiotherapists).

Unlike its counterparts, whose concerns were centred predominantly on the contract system and permanent postings, this group is worried about career pathways.

"Even if we are permanent staffers, we are still worse off than doctors and pharmacists," said a representative of the group who requested anonymity, adding that the main issue physiotherapists faced was their low grades.

"In 10 years, (doctors) can at least get to the UD48 or UDS2 (grades), but physiotherapists cannot."

"The entry level grade for most physiotherapist is U29. Due to limited positions available for U41, even those who have a bachelor's degree won't get the chance to apply," added the representative.

Those applying for the U41 grade will have to go through interviews. There were times when only five spots were available nationwide in a year, he said.

"Many physiotherapists

already have a bachelor's degree, but are still working under the U29 or U32 grade, which is equivalent to a diploma.

"So we do hope that the Health Ministry and Public Services Commission can help improve our career pathway, since there are so many physiotherapists with a bachelor's degree still working under the diploma scheme. Give them a grade that reflects their academic qualifications."

"We also hope that they will increase the entry level grade of physiotherapists with a bachelor's degree who wish to serve with the ministry," said the representative.

On workloads, Hartal Ahli Fisioterapi said one physiotherapist was assigned 15 to 30 patients a day.

"Treatment for each patient lasts for an hour or more. We design exercises based on the condition of each patient," said the representative.

According to the Public Services Commission, the U29 grade is for diploma or other equivalent qualifications.

The salary scale for this grade is a minimum of RM1,797 and a maximum of RM5,753 with a yearly increment of RM145.

The U41 grade, which is meant for bachelor's degree holders, has a salary scale from RM2,429 to RM9,656 with yearly increments of RM225, the commission said on its website.